

# St. Andrew's Newsletter

Volume 18.5

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[www.greatyeldhamschool.co.uk](http://www.greatyeldhamschool.co.uk)

## Happy Birthday to Daniel Sing

St. Andrew's was officially presented with the St. John Ambulance School Mark  
The press release below was published in the St. John Ambulance media release

### Top Mark for Young Essex First Aiders

St. Andrew's Church of England Primary School in Great Yeldham has been awarded the coveted St. John Ambulance Schools Mark for teaching its young pupils the skills needed to save a life.

This prestigious national award is given to schools and colleges that show a significant commitment to the safety and health of their pupils, workforce and community.

The award was presented by Essex Schools Liaison Office Valerie Morris to Head teacher Maria Trappitt.

Ms. Trappitt said: "All the children who have learned first aid so far have been thoroughly immersed in it and very enthusiastic and committed. I hope that we're instilling in our pupils the enthusiasm to continue developing these skills beyond St. Andrew's into adulthood. Through St. John Ambulance's training and resources we're helping to equip an entire generation with the confidence and ability to save a life."

**PTA Meeting – 9.00am on Tuesday, 11<sup>th</sup> October** (planning for the Guy Fawkes Disco and Christmas Fayre)

**PTA AGM – 9.00am on Tuesday, 18<sup>th</sup> October** (please come along to show your support)

St Andrew's are offering a free 6 week course for parents of KS1 children (Butler and de Vere Classes) which has been designed by our Healthy Schools Advisor to help encourage your child to eat a balanced diet.

**Starts: Wednesday 19th October** for 6 weeks (term time only) **2.00pm - 3.00pm**

**Week 1** - An introduction into food in schools. Regulations for school meals. Whole school approach to healthy eating.

**Week 2** - Importance of a balanced diet. Portion size and servings.

**Week 3** - Fats and sugars. A demonstration of fat and sugar contained in foods regularly offered to children.

**Week 4** - Refined versus unrefined foods. Energy levels in children.

**Week 5** - Label reading. Looking at the nutritional content of food labels. Identifying the sugar and fat in foods regularly offered to children.

**Week 6** - Healthy alternatives to crisps and chocolate. The session will give parents ideas for packed lunches. Parents will have the opportunity to taste some of the healthier options.

### FOOTBALLER OF THE WEEK: JACK PRIOR

Thank you for the many encouraging comments about our Harvest Festival presentation on Tuesday. We like to make the occasion special and different each year. Thank you also for your generous gifts of food for 'The First Stop Centre' in Braintree.

If you have some spare time to stain/paint outdoor furniture around the school we would very much appreciate your support. A few hours would be enormously helpful. We have fallen behind with these important jobs, because of our caretaker's retirement. If you can help, please let the school office know. Thank you!

**The Young Shakespeare Company will be visiting us again on Friday and will involve our three Key Stage 2 classes in a performance of Romeo and Juliet (KS2 pupils may be out late)**

Parent Evening times will be available in the pavilion next week. Please remember to sign up as soon as possible. Parent Evenings are on Tuesday, 8<sup>th</sup> and Wednesday, 9<sup>th</sup> November from 3.30pm onwards.

Reading at home, after school or in the morning, for one reason or another is causing difficulties for some parents. Therefore, we are making the school available for that reading to be completed from 8.30am in the morning before school begins, starting Monday, 10<sup>th</sup> October 2011. We will provide a quiet space for you to read with your child, which, if planned, can be a very suitable alternative. We would ask you to enter the school by the front gate, where you will have access to the school. The idea is that you take this opportunity to establish a pattern for continuity of reading with your child/children. Class teachers will not be available to consult with you during this time because they will be setting up for the school day. Class teacher surgeries are available after school on Mondays from 3.15pm to 4.15pm if you need to discuss any non-urgent issues with your child's class teacher. I hope you find that this opportunity is useful.

**WINNERS OF THE TEAM TROPHY THIS WEEK ARE GOLDFINCHES – WELL DONE!!!**