

St. Andrew's Newsletter

Volume 18.4

30th September 2011

www.greatyeldhamschool.co.uk

Happy Birthday to Megan Nichols and Daniel Nash

There has been a change of date for Harvest Festival which is now Tuesday, 4th October at 10.00am. We will, once again, be collecting for 'One Stop' in Braintree, along with St. Andrew's Church. If you are able to donate tea, coffee, sugar or tinned items e.g. soup, beans, tinned fruit, these will support the centre and help those who 'drop-in' and who are in need. Thank you.

St Andrew's are offering a free 6 week course for parents of KS1 children (Butler and de Vere Classes) which has been designed by our Healthy Schools Advisor to help encourage your child to eat a balanced diet.

Starts: Wednesday 19th October for 6 weeks (term time only) **2.00pm - 3.00pm**

Week 1 - An introduction into food in schools. Regulations for school meals. Whole school approach to healthy eating.

Week 2 - Importance of a balanced diet. Portion size and servings.

Week 3 - Fats and sugars. A demonstration of fat and sugar contained in foods regularly offered to children.

Week 4 - Refined versus unrefined foods. Energy levels in children.

Week 5 - Label reading. Looking at the nutritional content of food labels. Identifying the sugar and fat in foods regularly offered to children.

Week 6 - Healthy alternatives to crisps and chocolate. The session will give parents ideas for packed lunches. Parents will have the opportunity to taste some of the healthier options.

PLEASE READ ATTACHED FLYER

FOOTBALLER OF THE WEEK: ARRAN TOSH

Parents/Carers of Reception Pupils - Do you know if your child is under 5 they are entitled to free milk each day? You can register at www.coolmilk.com/register. If you need further information please speak to the School Office.

Hedingham Open Evening – 7.00pm, Thursday 6th October 2011.

Reading at St Andrew's

The school is developing its reading approaches and practices, some of which are familiar to you and others that we want to develop. Attached is how we intend to develop reading throughout the school, this year. We have already got off to a good start with a record number of volunteer parent readers coming into school to support with reading. We look forward to your support which will ensure all our pupils are enjoying their reading experiences and that together we are striving to make sure all our children become successful readers.

Can you help with painting/staining outdoor children's furniture?

If you have some spare time to stain/paint outdoor furniture around the school we would very much appreciate your support. A few hours would be enormously helpful. We have fallen behind with these important jobs, because of our caretaker's retirement. If you can help, please let the school office know. Thank you!

Macmillan Coffee Morning, Reading Rooms

Saturday, 1st October from 10.00am until 12.00noon

Our school photographer, Pret-a-Portrait, will be in school on Wednesday, 5th October. There will be an opportunity for photographs to be taken of older/younger siblings that do not attend St. Andrews at the end of the school day. Please inform the school office if you would like to take advantage of this opportunity.

MAD-SCIENCE begins Monday 3rd Oct. – 3.15-4.15pm

Goldfinches are the Team Trophy winners this week!!!