

St. Andrew's Newsletter

Volume 18.6

14th October 2011

www.greatyeldhamschool.co.uk

Happy Birthday to Finley Young

DUE TO THE LACK OF INTEREST FROM KEY STAGE ONE PARENTS, WE CAN OFFER THIS TO PARENTS ACROSS THE SCHOOL. PLEASE LET THE SCHOOL OFFICE KNOW ASAP IF YOU ARE INTERESTED OTHERWISE ALL WORKSHOPS WILL BE CANCELLED. WE HOPE TO SECURE AT LEAST EIGHT PARENT/CARERS FOR THE WORKSHOPS TO RUN

St Andrew's are offering a free 6 week course for parents of KS1 children (Butler and de Vere Classes) which has been designed by our Healthy Schools Advisor to help encourage your child to eat a balanced diet.

Starts: Wednesday 19th October for 6 weeks (term time only) **2.00pm - 3.00pm**

Week 1 - An introduction into food in schools. Regulations for school meals. Whole school approach to healthy eating.

Week 2 - Importance of a balanced diet. Portion size and servings.

Week 3 - Fats and sugars. A demonstration of fat and sugar contained in foods regularly offered to children.

Week 4 - Refined versus unrefined foods. Energy levels in children.

Week 5 - Label reading. Looking at the nutritional content of food labels. Identifying the sugar and fat in foods regularly offered to children.

Week 6 - Healthy alternatives to crisps and chocolate. The session will give parents ideas for packed lunches. Parents will have the opportunity to taste some of the healthier options.

If you have some spare time to stain/paint outdoor furniture around the school we would very much appreciate your support. A few hours would be enormously helpful. We have fallen behind with these important jobs, because of our caretaker's retirement. If you can help, please let the school office know. Thank you!

Reading at home, after school or in the morning, for one reason or another is causing difficulties for some parents. Therefore, we are making the school available for that reading to be completed from 8.30am in the morning before school begins. We will provide a quiet space for you to read with your child, which, if planned, can be a very suitable alternative. We would ask you to enter the school by the front gate, where you will have access to the school. The idea is that you take this opportunity to establish a pattern for continuity of reading with your child/children. Class teachers will not be available to consult with you during this time because they will be setting up for the school day. Class teacher surgeries are available after school on Mondays from 3.15pm to 4.15pm if you need to discuss any non-urgent issues with your child's class teacher. I hope you find that this opportunity is useful.

FOOTBALLER OF THE WEEK: CALLUM HAGGART

Parent Evenings are on Tuesday, 8th and Wednesday, 9th November from 3.30pm onwards. Your requested times will be given to your child/children next week.

The PTA have organised a 'Guy Fawkes Disco' for all the children of St. Andrew's on Friday, 4th November from 3.15pm to 4.45pm. Tickets are £2.00 per child (refreshments included) and can be purchased at the school office. Children can wear their brightest clothes, red, yellow, orange, etc.

The PTA AGM will be held in school at 9.00am on Tuesday, 18th October. Please join our friendly team if you can. All new parents to the school are most welcome to attend. In fact, we need your support so that we can raise funds for the school's new swimming pool liner and, hopefully, dome over the pool.

We will be supporting the Christmas Shoebox Appeal for children in Belarus once again this year. A leaflet is with this newsletter showing how to make a shoebox and what to pack inside. We do hope you are able to support the school and the Christmas Shoebox Appeal this year. Filled shoeboxes can be sent into school at any time. The last date we can accept them is Friday, 4th November when they will be blessed at a special service in St. Andrew's Church before being taken to the depot in Sudbury for despatch. If you can only half fill a box, this is very acceptable and will be gratefully received. Boxes will then be 'topped up' with fillers at the depot. Thank you.

St. Andrew's will be hosting the CVC Recorder Rhapsody once again this year on Thursday, 20th October in the morning. Schools from the Colne Valley will be joining us. Our recorder group will be taking part. Please make sure your child has their recorder for the day.

School Meals: Week beginning 31st October will be Week 4 of the current menu. A new menu will be distributed after half term.

CONGRATULATIONS WOODPECKERS – TEAM TROPHY WINNERS THIS WEEK!!